

FLAMENCO FACILE (Effective Members Area) - CONTENT LIST

	CONT. BRONZE LEV.	CONT. BRONZE + SILVER LEV.				CONT. BRONZE + SILVER + GOLD LEV.			
		VIDEO	TEXTS	SCORE	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	PHOTO	MIDI
EFFECTIVE MEMBERS AREA		1			2				
THEORY									
Historical Notes on Flamenco									
A bit of history... (First part)		1	1				1		
A bit of history... (Second part)		1	1				1		
The Compás and the Palos in Flamenco									
What is the Compás		1	1				1		
What is a Palo Flamenco		1	1				1		
Palos in 12 Tempos									
1) Martinete		1	1	2			2		
2) Siguriya		1	1	1			2		
3) Solea'		1	1	1			2		
4) Alegrías		1	1	2			3		
5) Bulerías		1	2	2		1	3		
PARTIAL TOTALS		10	10	8	2	1	16	0	0

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	VIDEO	TEXTS	SCORE	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	PHOTO	MIDI	
Palos in 4 Tempos									
1) Tientos	1	1	2			3			
2) Tangos	1	1	1			3			
3) Farruca	1	1	1			2			
Palos in 3 Tempos									
1) Fandango de Huelva	1	1	1			2			
2) Sevillanas	1	1	2			2			
Palos in 2 Tempos									
1) Rumba	1	1	2			4			
2) Colombiana	1	1	1			2			
PARTIAL TOTALS	7	7	10	0	0	18	0	0	

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		VIDEO	TEXTS	SCORE	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	PHOTO	MIDI
PRACTICE									
The Flamenco Guitar									
Description	1							2	
Setting and Posture	1							2	
The Technique of the Flamenco Guitar									
1 - Hand Setting									
Exercise n. 1	1		1	1	1	1	1		
Exercise n. 2	1		1	1	1	1	1		
2 - Fluency and Empowerment									
Exercise n. 1	1		1	1	1	1	1		
Exercise n. 2	1		1	1	1	1	1		
Exercise n. 3	1		1	1	1	1	1		
Exercise n. 4	1		1	1	1	1	1		
PARTIAL TOTALS	8	0	6	6	6	6	6	4	0



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2 - Fluency and Empowerment									
Exercise n. 5		1		1	1	1	1		
Exercise n. 6		1		1	1	1	1		
Exercise n. 7		1		1	1	1	1		
3 - Legato									
Exercise n. 1		1		1	1	1	1		
Exercise n. 2		1		1	1	1	1		
Exercise n. 3		1		1	1	1	1		
Exercise n. 4		1		1	1	1	1		
Exercise n. 5		1		1	1	1	1		
Exercise n. 6		1		1	1	1	1		
PARTIAL TOTALS		9	0	9	9	9	9	0	0

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		VIDEO	TEXTS	SCORE	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	PHOTO	MIDI
4 - Rasgueo									
Exercise n. 1		1		1	1	1	1		
Exercise n. 2		1		1	1	1	1		
Exercise n. 3		1		1	1	1	1		
Exercise n. 4		1		1	1	1	1		
Exercise n. 5		1		1	2	1	1		
Exercise n. 6		1		1	1	1	1		
Exercise n. 7		1		1	1	1	1		
Exercise n. 8		1		1	1	1	1		
Exercise n. 9		1		1	1	1	1		
Exercise n. 10		1		1	1	1	1		
Exercise n. 11		1		1	1	1	1		
Exercise n. 12		1		1	1	1	1		
PARTIAL TOTALS		12	0	12	13	12	12	0	0

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		VIDEO	TEXTS	SCORE	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	PHOTO	MIDI
4 - Rasgueo									
Exercise n. 13	1			1	1	1	1		
Exercise n. 14	1			1	1	1	1		
5 - Golpe									
Exercise n. 1	1			1	1	1	1		
Exercise n. 2	1			1	1	1	1		
Exercise n. 3	1			1	1	1	1		
Exercise n. 4	1			1	1	1	1		
6 - Pulgar									
Exercise n. 1	1			1	1	1	1		
Exercise n. 2	1			1	1	1	1		
Exercise n. 3	1			1	1	1	1		
PARTIAL TOTALS	9	0	0	9	9	9	9	0	0

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		VIDEO	TEXTS	SCORE	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	PHOTO	MIDI
6 - Pulgar									
Exercise n. 4	1			1	1	1	1		
Exercise n. 5	1			1	1	1	1		
Exercise n. 6	1			1	1	1	1		
Exercise n. 7	1			1	1	1	1		
Exercise n. 8	1			1	1	1	1		
Exercise n. 9	1			1	1	1	1		
7 - Arpeggio									
Exercise n. 1	1			1	1	1	1		
Exercise n. 2	1			1	1	1	1		
Exercise n. 3	1			1	1	1	1		
Exercise n. 4	1			1	1	1	1		
Exercise n. 5	1			1	1	1	1		
PARTIAL TOTALS	11	0	0	11	11	11	11	0	0

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	VIDEO	TEXTS	SCORE	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	PHOTO	MIDI	
7 - Arpeggio									
Exercise n. 6	1		1	1	1	1			
Exercise n. 7	1		1	1	1	1			
Exercise n. 8	1		1	1	1	1			
8 - Tremolo									
Exercise n. 1	1		1	1	1	1			
Exercise n. 2	1		1	1	1	1			
Exercise n. 3	1		1	1	1	1			
Exercise n. 4	1		1	1	1	1			
9 - Picado									
Exercise n. 1	1		1	1	1	1			
Exercise n. 2	1		1	1	1	1			
PARTIAL TOTALS	9	0	9	9	9	9	0	0	

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	VIDEO	TEXTS	SCORE	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	PHOTO	MIDI	
9 - Picado									
Exercise n. 3	1		1	1	1	1			
Exercise n. 4	1		1	1	4	4			
Exercise n. 5	1		1	1	1	1			
Exercise n. 6	1		1	1	1	1			
The Palmas									
A) Palma Sorda Vs Palma Clara	1			1					
B) Compás in 12 tempos	1			1					
C) Compás in 4 tempos	1		1	2		1			
D) Compás in 3 tempos	1		1			1			
E) Compás in 2 tempos	1		1			1			
F) Palmas in Countertime (First Part)	1		1		1	1			
PARTIAL TOTALS	10	0	8	8	8	11	0	0	



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The Palmas									
G) Palmas in Countertime (Second Part)	1		1		1	1			
End Step Checks									
Form for sending YouTube links (video checks)				1					
Live Lessons									
Calendar for booking lessons									
Final Test									
Form for sending final test video YouTube link				2					
Metronome Flamenco									
A) Compás of Bulerías (12 tempos)									
Bulerías with accents: B(12) - 3 - 6 - 8 - 10	2				1	1		1	
PARTIAL TOTALS	3	0	1	3	2	2	0	1	



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		VIDEO	TEXTS	SCORE	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	PHOTO	MIDI
Metronome Flamenco									
Bulerías with accents: B(12) - 3 - 7 - 8 - 10	2					1	1		1
Bulerías with accents: B(12) - 6	2					1	1		1
Suggestions									
How to File Your Nails	1								
How to Re-build Your Nails	1								
Groove Flamenco									
1) Bulerías									
Exercise n. 1	1		1	1	1	1	1		
PARTIAL TOTALS	7	0	1	1	3	3	0	2	

TOTAL	VIDEO	TEXTS	SCORE	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	PHOTO	MIDI
BRONZE LEVEL	31	4	24	26	24	28	4	0
TOTAL	VIDEO	TEXTS	SCORE	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	PHOTO	MIDI
SILVER LEVEL	94	17	83	69	69	105	4	3
TOTAL	VIDEO	TEXTS	SCORE	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	PHOTO	MIDI
GOLD LEVEL (incl. 5 End Step Checks and 5 online lessons)	95	17	84	71	70	106	4	3